

AUTUMN/WINTER 2019/20 BRACEBRIDGE INFANTS ONLY

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage roll served with mashed potatoes and baked beans	Chicken breast in gravy served with roast potatoes and vegetables	Beef lasagne served with garlic bread and side salad	Chicken curry served with rice, peas and wholemeal pitta bread	Bubble salmon fillet served with herby diced potatoes, corn on the cob and ketchup
Meat free sausage roll served with mashed potatoes and baked beans	Quorn fillet in gravy served with roast potatoes and vegetables	Roasted vegetable lasagne served with garlic bread and side salad	Sweet potato, lentil and vegetable curry served with rice, peas and wholemeal pitta bread	Cheese and tomato power pizza served with herby diced potatoes, corn on the cob and ketchup
Ham and cheese wrap, sausage roll	Cream cheese and cucumber bagel and crunchy veg	Chicken salad wrap and babybel	Turkey salad sandwich and mini cheese roll	Ham roll and crunchy veg
Cherry shortbread or Organic fruit yoghurt/fresh fruit	Chocolate mousse slice or Organic fruit yoghurt/fresh fruit	Peach slices and vanilla ice cream or Organic fruit yoghurt/fresh fruit	Apple pie and custard or Organic fruit yoghurt/fresh fruit	Muller strawberry fruit corner yoghurt or Organic fruit yoghurt/fresh fruit
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken chunks served with rice, sweet and sour sauce and sweetcorn	Lincolnshire sausage served with mashed potatoes, peas and gravy	Spaghetti bolognese served with crusty bread and diced carrots	Pork loin in gravy served with roast potatoes, vegetables and stuffing	MSC Fish and chips served with baked beans
Quorn nuggets served with rice, sweet and sour sauce and sweetcorn	Vegetarian sausage served with mashed potatoes, peas and gravy	Vegetable spaghetti bolognese served with crusty bread and diced carrots	Quorn fillet in gravy served with roast potatoes, vegetables and stuffing	Vegetable nuggets served with chips and baked beans
Cheese salad sandwich and mini cheese roll	Chicken salad wrap and cocktail sausage	Ham, tomato roll and babybel	Tuna and cucumber sub and crunchy veg	Ham and cheese wrap with crunchy veg
Chocolate and vanilla swirl mousse or Organic fruit yoghurt/fresh fruit	Blueberry muffin or Organic fruit yoghurt/fresh fruit	Apple and strawberry crumble and custard or Organic fruit yoghurt/fresh fruit	Ice cream pot and melon slice or Organic fruit yoghurt/fresh fruit	Gingerbread or Organic fruit yoghurt/fresh fruit

Wholemeal bread provided on a daily basis

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WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork meatballs in a rich and rustic tomato and basil sauce served with wholewheat pasta twists and peas	Mild chilli con carne served with rice and sweetcorn	Roast beef in gravy served with roast potatoes, vegetables and Yorkshire pudding	Cheese and tomato Power pizza served with seasoned wedges and baked beans	Chicken goujon wraps served with diced potatoes, salad and mayonnaise
Vegetarian meatballs served with wholewheat pasta twists and peas	Macaroni Cheese served with sweetcorn	Meat free burger in gravy served with roast potatoes, vegetables and Yorkshire pudding	Vegetable ¼ pounder served with seasoned wedges and baked beans	Quorn dipper wraps served with diced potatoes, salad and mayonnaise
Ham and cheese wrap, cocktail sausages	Cream cheese and cucumber bagel and mini cheese roll	Chicken salad wrap and mini crunchy veg	Turkey salad sandwich and babybel	Ham roll and crunchy veg
Strawberry muffin or Organic fruit yoghurt/fresh fruit	Pears and chocolate ice cream or Organic fruit yoghurt/fresh fruit	Oat and raisin cookie or Organic fruit yoghurt/fresh fruit	Strawberry jelly with mandarins and squirty cream or Organic fruit yoghurt/fresh fruit	Jam sponge and custard or Organic fruit yoghurt/fresh fruit
WEEK 4				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken and vegetable casserole served with mashed potatoes	Beef burger served in a wholemeal bun with seasoned wedges and baked beans	Cottage pie served with carrots and broccoli	Chicken in a tomato and basil sauce served with wholewheat pasta twists and green beans	Salmon fish cakes served with herby diced potatoes and peas and ketchup
Quorn and vegetable casserole served with mashed potatoes	Spicy bean burger in a wholemeal bun served with seasoned wedges and baked beans	Vegetarian cottage pie served with carrots and broccoli	Tomato and basil pasta bake topped with cheese and served with green beans	Omelette served with herby diced potatoes and peas and ketchup
Cheese salad sandwich and crunchy veg	Chicken salad wrap and sausage roll	Ham, tomato roll and babybel	Tuna and cucumber sub roll and mini cheese roll	Ham and cheese wrap with crunchy veg
Frozen toffee yoghurt ice cream or Organic fruit yoghurt/fresh fruit	Apple crumble and custard or Organic fruit yoghurt/fresh fruit	Jam tart or Organic fruit yoghurt/fresh fruit	Pineapple and ice cream or Organic fruit yoghurt/fresh fruit	Angel cake or Organic fruit yoghurt/fresh fruit

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Menus run on a four-week revolving basis, changing twice a year, after the Easter Holidays and Autumn Half Term. The current menu as shown above will be available on the following dates.

Week 1	Week 2	Week 3	Week 4
Weeks commencing	Weeks commencing	Weeks commencing	Weeks commencing
28th October 2019	4th November 2019	11th November 2019	18th November 2019
25th November 2019	**2nd December 2019	**9th December 2019	**16th December 2019
6th January 2020	13th January 2020	20th January 2020	27th January 2020
3rd February 2020	10th February 2020	24th February 2020	2nd March 2020
9th March 2020	16th March 2020	23rd March 2020	30th March 2020

*Option not available at all schools.

**These weeks will be subject to change due to Christmas dinners, and will be available from your school nearer the time.

PLEASE NOTE: The main option pudding for Thursday 31st October will be a Halloween Cupcake and on Friday 15th November will be Children in Need Cake. 5th November will be Bonfire night special menu.

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